

HEALTHY CHOICES PROGRAMS:

Parent Support Circle

Monday, March 1, 15, 29

5:00-7:30pm

Community Kitchen

Wednesday, March. 3, 10, 17, 24, 31

9:30am-1:00pm

Nutrition Workshop

Tues., March 30, 12:30-2:30 pm

with Lana Boyuk, CN

Family Drop-In

Tuesday, March 2, 9, 16, 23, 30

9:30 am-12:30 pm

@BBBF (Aboriginal Hub)—450 Morin St.

Children's Drum Circle

Tuesday, March 2, 16, 30

4:30 -6:00 pm at SKHC.

FASD Family Support Circle

Thursday, March 4

12:30—2:00 pm

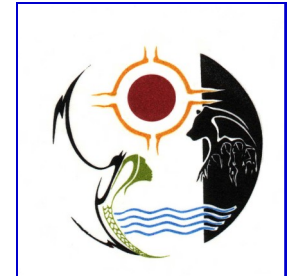
Breastfeeding Lunch-n-Learn

Friday, March 5 @ 12:30 pm

** Please call Carol Anne to register for programs and child-care or to arrange for bus tickets.

675-1596, ext. 233; ccheechoo@shkagamik-kwe.org

SHKAGMIK-KWE HEALTH CENTRE



MARCH 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Parent Support Circle	2 Family Drop-In Children's Drum	3 Community Kitchen	4 FASD Family Support Circle	5 Breastfeeding Info. Lunch -n-Learn	6
7	8	9 Family Drop-In	10 Community Kitchen	11	12	13
14	15 Parent Support Circle	16 Family Drop-In Children's Drum	17 Community Kitchen	18	19	20
21	22	23 Family Drop-In	24 Community Kitchen	25	26	27
28	29 Parent Support Circle	30 Family Drop-In Children's Drum	31 Community Kitchen			