



# Shkagamik-Kwe Health Centre

**Reiki will be offered at Shkagamik-Kwe Health Centre. We invite you to make an appointment to experience this form of healing**

Reiki is a natural, simple, safe, effective healing system that uses spiritually guided universal energy, the energy which permeates our entire universe and all living things. This energy is channeled through the hands of the practitioner into the body and aura of the receiver. It is an ancient healing system that has been used for thousands of years and was rediscovered by Dr Mikao Usui. Reiki is a Japanese term meaning universal energy, or spiritually guided universal energy, because it is the divine consciousness, the All-knowing that guides this life force.

**Balances Energy**

**Promotes  
Relaxation**

**Reduces  
Stress**

**Heightens  
Creativity**

*Benefits  
of a  
Reiki Session*

**Expands  
Awareness**

**Accelerates  
Healing**

**Relieves  
Pain**

**Heals  
on Causal Level  
of Disease**

**Tuesday April 7, 2009**

**Wednesday May 20, 2009**

**Wednesday June 3rd,  
2009**

**Wednesday September 9,  
2009**

**Tuesday October 6, 2009**

**Thursday November 5,  
2009**

**January 6, 2010**

**February 2, 2010**

**March 18, 2010**

**No reiki for July, August & December 2009.**

**Appointments will be from 9:30-2:00**

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**dedicated to balanced  
and healthy lifestyles...**